

ESAA - EUROPEAN U23 CHAMPIONSHIPS ROLL OF HONOUR

The **European Under-23 Championships** was introduced in 1997. It replaced the **European Under-23 Cup**, a 2-division team competition, which had been held in 1992 and 1994.

ESAA competitors who have won medals at these championships are :

1997 – TURKU, FINLAND

Allison Curbishley (Cleveland)	400m and 4 x 400m Gold 1991 and 1992 I 300mH-1, 1993 S 400mh-I, 1994 S 400m-1
Diane Allahgreen (Merseyside)	100m Hurdles Silver 1991 I 80mH-1, 1992, 1993 and 1994 S 100mH-1
Jeina Mitchell (Surrey)	4 x 400m Gold 1989 J CC-3, 1990 and 1991 I CC-1, 1992 S CC-3, 1993 S CC-1, 1990 and 1991 I 1500m-1, 1992 S 1500m-1, 1993 S 1500m-2
Jo Sloane (Hereford & Worcs)	4 x 400m Gold 1991 J 100m-1, 1992 I 200m-2, 1993 I 200m-1, 1994 S 400m-2, 1995 S 400m-1
Melanie Purkiss (Hampshire)	4 x 100m Silver 1996 S 200m-2
Lyn Sprules (Middlesex)	Hammer Throw Bronze 1992 I DT-3, 1993 S DT-2
Daniel Money (Derbyshire)	4 x 100m Gold 1993 I 200m-2, 1995 S 100m-2
Julian Golding (London)	200m and 4 x 100m Gold 1992 S 200m-5
Mark Hylton (Berkshire)	400m Gold 1991 J 200m-1, 1993 I 400m-1, 1994 and 1995 S 400m-1
Marlon Devonish (West Midlands)	100m Bronze and 4 x 100m Gold 1994 S 200m-1, 1995 S 100m-1
Tayo Erogbogbo (Buckinghamshire)	Triple Jump Bronze 1992 and 1993 S TJ-3

1999 – GOTHENBURG, SWEDEN

Julie Pratt (Essex)	100m Hurdles Silver 1994 I 80mH-2, 1995 I 80mH-1, 1996 S 100mH-3, 1997 S 100mH-1
Natasha Danvers (London) (Kent)	400m Hurdles Gold 1992 J 75mH-2, 1992 J PEN-3, 1993 I 300mH-1, 1994 I 300mH-1 1995 S 100mH-1
Ben Challenger (Leicestershire)	High Jump Gold 1994 I HJ-1, 1996 and 1997 S HJ-1

ESAA - EUROPEAN U23 CHAMPIONSHIPS ROLL OF HONOUR

David Naismith (Derbyshire)	4 x 400m Bronze 1996 I 400m-1, 1998 and 1999 S 400m-1
Geoff Dearman (Middlesex)	4 x 400m Bronze 1995 S 400m-2
John Stewart (London)	4 x 100m Gold 1994 I 200m s-7
Mark Findlay (Essex)	4 x 100m Gold 1995 S 100m-3, 1996 S 200m-1
Nathan Morgan (Leicestershire)	Long Jump Bronze 1994 I LJ-2, 1996 S LJ-1
Peter Brend (Devon)	4 x 400m Bronze 1994 S 400m h-5

Michael Parper and Richard David (both London) ran in the 4 x 400m (bronze) heat but not in the final.

2001 – AMSTERDAM, NETHERLANDS

Abiodan Oyepitan (Middlesex)	100m Silver and 4 x 100m Gold 1996 I 100m-3, 1998 S 100m-1
Helen Roscoe (Cheshire) (Merseyside)	4 x 100m Gold 1995 and 1996 I 200m-2, 1997 S 200m-3 1999 S 200m-3
Helen Thieme (Nottinghamshire)	400m Silver and 4 x 400m Gold 1997 I 300m-3, 1998 I 300mH-2, 1999 and 2000 S 400m-1
Jade Johnson (London)	Long Jump Gold 1994 J LJ-2, 1995 I LJ-1, 1996 I LJ-3, 1998 S 200m-3
Jenny Meadows (Gtr. Manchester)	4 x 400m Gold 1995 J 800m-1, 1998 S 400m-2
Karen Gear (Devon)	4 x 400m Gold 1996 I 300m-3
Kelly Caffel (Oxfordshire)	1500m Bronze 1996 S 1500m-11
Sabrina Scott (Surrey)	4 x 100m Gold 1997 S 200m h-7
Tracey Duncan (Middlesex)	4 x 400m Gold 1995 I 300mH-2, 1996 S 400mH-1, 1997 S 400mH-2
Adam Potter (Wiltshire)	4 x 400m Gold 1998 S LJ-3
Ben Lewis (West Midlands)	4 x 100m Silver 1995 J 200m-1, 1996 I 200m-2, 1997 I 200m-1

ESAA - EUROPEAN U23 CHAMPIONSHIPS ROLL OF HONOUR

Darren Chinn (Middlesex)	4 x 100m Silver 1996 I 100m-7
David Naismith (Derbyshire)	4 x 400m Gold 1996 I 400m-1, 1998 and 1999 S 400m-1
Jonathan Barbour (Middlesex)	100m Gold and 4 x 100m Silver 1997 I 100m-1

James Chatt (Kent) ran in the 4 x 100m (silver) heat but not in the final.

2003 – BYDGOSZCZ, POLAND

Danielle Halsall (Merseyside)	4 x 400m Silver
Helen Karagounis (née Thieme) (Nottinghamshire)	400m Gold and 4 x 400m Silver 1997 I 300m-3, 1998 I 300mH-2, 1999 and 2000 S 400m-1
Jenny Meadows (Gtr. Manchester)	4 x 400m Silver 1995 J 800m-1, 1998 S 400m-2
Kim Wall (Essex)	4 x 400m Silver 1997 J 100m-2, 1998 and 1999 I 300m-1, 2000 S 200m-1, 2001 S 400m-1
Louise Damen (Hampshire)	10000m Bronze 1997 J 1500m-1, 1998 and 1999 I 3000m-1, 1999 I CC-2, 2000 S 3000m-1
Rebecca Lyne (South Yorkshire)	800m Gold 1997 I 1500m-2, 1998 I 1500m-3
Chris Lambert (London)	200m Gold and 4 x 100m Gold 1997 I 200m-2, 1998 S 200m-2, 1999 S 200m-1
Chris Thompson (Hampshire)	5000m Gold 1997 I CC-3, 1997 I 3000m-1, 1998 and 1999 S 3000m-1
Darren Chinn (Middlesex)	4 x 100m Gold 1996 I 100m-7
Dwayne Grant (Surrey)	4 x 100m Gold 2000 S 200m-1
Mo Farah (Middlesex)	5000m Silver 1997 J 1500m-1, 1997 J CC-1, 1998 I 3000m-1, 1998 I CC-2, 1999 I 1500m-1, 1999 S CC-1, 2001 S 1500m-2
Tyrone Edgar (London)	4 x 100m Gold 1998 I 200m-2, 2000 S 100m-1

Tim Abeyie (Surrey) ran in the 4 x 100m (gold) heat but not in the final.

ESAA - EUROPEAN U23 CHAMPIONSHIPS ROLL OF HONOUR

2005 – ERFURT, GERMANY

Jemma Simpson (Somerset)	800m Silver 2000 I 800m-1
Kim Wall (Essex)	4 x 400m Silver 1997 J 100m-2, 1998 and 1999 I 300m-1, 2000 S 200m-1, 2001 S 400m-1
Lisa Miller (London)	4 x 400m Silver 1999 I 300m-2, 2000 and 2001 S 400m-2
Sian Scott (Dorset)	400m Hurdles Bronze and 4 x 400m Silver 2000 I 300mH-2, 2001 S 400mH-2, 2002 S 400mH-1
Andrew Steele (Gtr. Manchester)	4 x 400m Silver 1999 J 400m-3, 2001 I 400m-1
David Hughes (Humberside)	110m Hurdles Gold 2001 S DEC-1
Mo Farah (Middlesex)	5000m Silver 1997 J 1500m-1, 1997 J CC-1, 1998 I 3000m-1, 1998 I CC-2, 1999 I 1500m-1, 1999 S CC-1, 2001 S 1500m-2
Richard Davenport (Gloucestershire)	4 x 400m Silver 2000 J 400m-1
Rob Tobin (Hampshire)	400m Gold and 4 x 400m Silver 1999 I 400m-2, 2000 I 400m-1, 2001 S 400m-1

Adam Charlton (Cambridgeshire) ran in the 4 x 400m (silver) heat but not in the final.

2007 – DEBRECEN, HUNGARY

Abby Westley (South Yorkshire)	1500m Gold 2004 S CC-1
Jessica Ennis (South Yorkshire)	100m Hurdles Bronze 2000 J HJ-1, 2001 I HJ-2, 2001 I HEP-2, 2002 I HJ-1
Laura Kenney (West Midlands)	5000m Gold 2003 S CC-3, 2003 S 3000m-1
Lizi Brathwaite (Hertfordshire)	1500m Silver 1999 J 800m-8
Montell Douglas (Kent)	100m Silver 2001 I 100m-2, 2002 I 100m-1
Craig Pickering (Buckinghamshire)	100m Silver and 4 x 100m Gold 2002 I 100m-1, 2005 S 100m-1
Gary White (Warwickshire)	Triple Jump Gold 1999 J TJ-1, 2001 I TJ-1, 2002 S TJ-3, 2003 S TJ-1

ESAA - EUROPEAN U23 CHAMPIONSHIPS ROLL OF HONOUR

James Ellington (London)	4 x 100m Gold 2000 J 200m-3, 2003 S 200m-1
Rikki Fifton (London)	200m Bronze and 4 x 100m Gold 1999 J 100m-2, 2000 I 100m-2, 2001 I 200m-3, 2002 S 100m-2
Ryan Scott (Avon)	4 x 100m Gold 2004 S 100m-1, 2005 S 100m-2
Simeon Williamson (Middlesex)	100m Gold 2004 S 100m-2

2009 – KAUNAS, LITHUANIA

Annabelle Lewis (Humberside)	4 x 100m Gold 2007 S 100m-3
Eden Francis (Leicestershire & Rutland)	Discus Throw Gold 2002 and 2003 J SP-2, 2004 and 2005 I SP-1, 2007 S SP-1
Elaine O'Neill (Wiltshire)	4 x 100m Gold 2006 S 100m-2, 2007 S 200m-2
Emily Pidgeon (Gloucestershire)	5000m Bronze 2002 and 2003 J CC-1, 2004 and 2005 I CC-1, 2006 S CC-1, 2002 J 1500m-3, 2003 J 1500m-1, 2004 I 3000m-1, 2006 S 1500m-1
Jade Nicholls (Surrey)	Discus Throw Bronze 2004 S DT-6
Joey Duck (Northamptonshire)	4 x 100m Gold 2002 J 200m-2, 2003 J 200m-1, 2004 I 200m-1
Lucy Sargent (Essex)	4 x 100m Gold 2003 J 100m-4
Perri Shakes-Drayton (London)	400m Hurdles Gold 2005 I 300mH-1
Sarah Holt (West Yorkshire)	Hammer Throw Bronze 2003 I HT-2, 2004 S HT-1, 2005 S HT-3
Callum Priestley (Leicestershire & Rutland)	110m Hurdles Bronze 2005 I 100mH-2, 2007 S 110mH-2
Gianni Frankis (Essex)	110m Hurdles Silver 2004 I 100mH-3, 2005 S 110mH-1
Harry Aikines-Aryeety (Surrey)	100m Gold 2003 I 100m-3, 2004 I 100m-1
James Brewer (Gloucestershire)	1500m Silver 2004 I 800m-2, 2006 S 800m-1

ESAA - EUROPEAN U23 CHAMPIONSHIPS ROLL OF HONOUR

Lloyd Gumbs (Leicestershire & Rutland)	400m Hurdles Gold 2004 I 400mH-1
Luke Cutts (South Yorkshire)	Pole Vault Silver 2001 J PV-2, 2002 J PV-3, 2004 I PV-2, 2005 S PV-3
Nigel Levine (Bedfordshire)	400m Silver 2006 S 200m-4
Rion Pierre (Middlesex)	100m Bronze and 4 x 100m Gold 2003 and 2004 I 100m-2, 2005 S 100m-3
Ryan Scott (Avon)	4 x 100m Gold 2004 S 100m-1, 2005 S 100m-2
Toby Sandeman (London)	200m Gold and 4 x 100m Gold 2006 S 200m-6

2011 – OSTRAVA, CZECH REPUBLIC

Annabelle Lewis (Humberside)	4 x 100m Bronze 2007 S 100m-3
Asha Philip (Essex)	4 x 100m Bronze 2005 J 100m-2
Emily Diamond (Avon)	4 x 100m Bronze 2007 I 200m-2, 2008 S 200m-2, 2009 S 200m-1
Holly Bleasdale (Lancashire)	Pole Vault Gold 2008 I HEP-14
Meghan Beesley (Warwickshire)	400m Hurdles Bronze 2004 J PEN-1, 2005 I 300mH-2, 2005 I HEP-2, 2006 I 300mH-1, 2006 I HEP-1, 2007 S 100m-2, 2008 S HEP-1
Sophie Hitchon (Lancashire)	Hammer Throw Bronze 2009 S HT-1
Stevie Stockton (Cheshire)	5000m Bronze 2005 I 1500m-2, 2007 S 1500m-1
Torema Thompson (née Dorsett) (Middlesex)	4 x 100m Bronze 2003 J 100y-1
Andrew Robertson (Gtr. Manchester)	100m Bronze and 4 x 100m Silver 2007 I 100m-1
Danny Talbot (Wiltshire)	4 x 100m Silver 2008 and 2009 S 200m-3
Jack Green (Kent)	400m Hurdles Gold 2007 I 400mH-3, 2008 I 400mH-1
James Alaka	100m Gold and 200m Silver

ESAA - EUROPEAN U23 CHAMPIONSHIPS ROLL OF HONOUR

(Gtr. Manchester)	2004 J 100m-1, 2005 I 200m-2, 2006 I 200m-3
James Shane (Essex)	1500m Silver 2004 J 1500m-1, 2005 I CC-3, 2006 I 1500m-1, 2007 S 800m-1
Kieran Showler-Davis (Hampshire)	4 x 100m Silver 2008 I 200m-2
Lawrence Clarke (Berkshire)	110m Hurdles Bronze 2008 S 110mH-3
Lawrence Okoye (Surrey)	Discus Throw Gold 2008 I DT-2, 2010 S DT-1
Luke Lennon-Ford (West Midlands)	400m Bronze and 4 x 400m Gold 2007 S 200m-4
Mukhtar Mohammed (South Yorkshire)	800m Bronze 2007 I 800m-2
Nathan Woodward (Warwickshire)	400m Hurdles Silver 2005 I 400mH-2, 2006 I 400mH-1, 2007 S 400mH-1
Nigel Levine (Bedfordshire & Luton)	400m Gold and 4 x 400m Gold 2006 S 200m-4
Richard Kilty (Cleveland)	4 x 100m Silver 2004 J 100m-3, 2005 I 100m-3, 2006 I 100m-1, 2007 S 100m-1
Ross Millington (Gtr. Manchester)	5000m Silver 2006 I 1500m-3

Deji Tobais (Bedfordshire & Luton) ran in the 4 x 100m (silver) heat but not in the final. Louis Persent (Suffolk) and Harry Doran (Merseyside) ran in the 4 x 400m (gold) heat but not in the final.

2013 – TAMPERE, FINLAND

Annie Tagoe (Middlesex)	4 x 100m Silver 2009 I 200m-2
Corinne Humphreys (Essex)	4 x 100m Silver 2008 I 100m-2
Jodie Williams (Hertfordshire)	100m Silver, 200m Gold and 4 x 100m Silver 2007 and 2008 J 100m-1
Katarina Johnson-Thompson (Merseyside)	Heptathlon Gold 2006 J HJ-3, 2007 J HJ-1, 2007 J-PEN-1, 2008 I HJ-1, 2008 I HEP-1
Kate Avery (Durham)	5000m Silver 2006 J CC-1, 2006 J 1500m-2, 2007 I CC-2, 2007 I 1500m-2, 2010 S 1500m-2
Sophie Hitchon (Lancashire)	Hammer Throw Gold 2009 S HT-1

ESAA - EUROPEAN U23 CHAMPIONSHIPS ROLL OF HONOUR

Adam Gemili (Kent)	100m Gold and 4 x 100m Gold 2010 I 100m-2
Charlie Grice (Sussex)	1500m Silver 2010 I 1500m-1, 2011 S 1500m-1
Dannish Walker-Khan (South Yorkshire)	4 x 100m Gold 2010 S 200m-7
Danny Talbot (Wiltshire)	200m Silver and 4 x 100m Gold 2008 and 2009 S 200m-3
Deji Tobais (Bedfordshire & Luton)	100m Silver and 4 x 100m Gold 2006 J 100m-2, 2008 I 100m-1, 2009 S 100m-1
Seb Rodger (Sussex)	400m Hurdles Silver 2008 S DEC-5, 2008 S LJ-8
Tom Farrell (Cumbria)	5000m Silver 2009 S 3000m-1

David Bolarinwa (London) ran in the 4 x 100m (gold) heat but not in the final.

2015 – TALLINN, ESTONIA

Alice Wright (Hereford & Worcs)	10000m Bronze 2009 J CC-3, 2010 I 3000m-3, 2011 CC I-2, 2011 I 3000m-2
Jazmin Sawyers (Staffordshire)	Long Jump Silver 2007 J HJ-2, 2007 J PEN-2, 2008 J LJ-1, 2008 J PEN-1, 2009 I LJ-1, 2009 I PEN-1
Kirsten McAslan (Gtr. Manchester)	4 x 400m Gold 2010 I 300m-1
Seren Bundy-Davies (Cheshire)	4 x 400m Gold 2012 S 400m-4
Victoria Ohuruogu (Essex)	4 x 400m Gold 2007 J 200m-3, 2008 I 300m-2, 2010 S 400m-1
Chris Kandu (Middlesex)	High Jump Bronze 2010 J HJ-2
Leon Reid (Avon)	200m Silver 2011 S 100m-3, 2012 S 100m-1
Nick Miller (Cumbria)	Hammer Throw Gold 2010 S HT-2, 2011 S HT-1

2017 – BYDGOSZCZ, POLAND

Finette Agyapong	200m Gold
------------------	-----------

ESAA - EUROPEAN U23 CHAMPIONSHIPS ROLL OF HONOUR

(Essex)	2014 S 200m-3, 2015 S 200m-1
Hannah Segrave (Cleveland)	800m Bronze 2013 S 400m h-4
Jessica Turner (Derbyshire)	400m Hurdles Silver 2012 and 2013 S 400mH-3
Lucy Bryan (Cleveland)	Pole Vault Bronze 2010 I PV-1, 2012 S PV-1
Ben Snaith (Cambridgeshire)	4 x 400m Gold 2012 I 400m-3, 2013 S 200m-2, 2014 S 400m-1
Cameron Chalmers (Channel Is.)	4 x 400m Gold 2015 S 400m-4
Daniel Rowden (Essex)	800m Silver 2013 I 800m-2, 2014 I 800m-1
Jamaine Coleman (Lancashire)	3000m Steeplechase Bronze 2012 I 1500mST-2, 2013 S 2000mST-1, 2014 S 2000mST-1
Khai Riley-La Borde (Essex)	110m Hurdles Silver 2013 and 2014 S 110mH-1
Kyle de Escofet (Staffordshire)	4 x 100m Silver 2014 S 100m-4
Lee Thompson (Nottinghamshire)	4 x 400m Gold 2014 S 400m-7
Ojie Edoburun (Middlesex)	100m Gold and 4 x 100m Silver 2012 I 100m-h-7
Reuben Arthur (Middlesex)	4 x 100m Silver 2011 J 100m-1
Sam Hazel (Bedfordshire)	4 x 400m Gold 2015 S 400m h-4
Theo Etienne (Hertfordshire)	4 x 100m Silver 2014 S 100m-3

Thomas Somers (North Yorkshire) ran in the 4 x 400m (gold) heat but not in the final.

2019 – GAVLE, SWEDEN

Ellie Baker (Hertfordshire)	800m Silver 2013 I 800m-3, 2014 I 800m-2, 2015 S 800m-1
Finette Agyapong (Essex)	4 x 400m Silver 2014 S 200m-3, 2015 S 200m-1
Hannah Williams	4 x 400m Silver

ESAA - EUROPEAN U23 CHAMPIONSHIPS ROLL OF HONOUR

(Hertfordshire)	2013 I 200m-3, 2014 I 200m-2, 2016 S 400m-1
Lily Beckford (Middlesex)	4 x 400m Silver 2014 S 400m-3
Alex Haydock-Wilson (Berkshire)	4 x 400m Silver 2017 S 400m-7
Callum Wilkinson (Suffolk)	20k Walk Bronze 2013 I 5k Walk-1, 2014 S 5k Walk-1
Cameron Chalmers (Channel Is.)	400m Silver and 4 x 400m Silver 2015 S 400m-4
Cameron Fillery (Sussex)	110m Hurdles Bronze 2016 S 110mH-2, 2017 S 110mH-1
Emile Cairess (West Yorkshire)	10000m Bronze 2016 S 3000m-2
Lee Thompson (Nottinghamshire)	4 x 400m Silver 2014 S 400m-7
Oliver Bromby (Hampshire)	100m Silver 2013 I 100m-2, 2014 I 100m-1
Piers Copeland (Dorset)	1500m Silver 2016 S 1500m-3
Shemar Boldizsar (Essex)	200m Gold 2015 I 200m s-6
Spencer Thomas (Sussex)	800m Silver 2014 S 800m-3
Tom Gale (Wiltshire)	High Jump Silver 2016 and 2017 S HJ-1

Ellis Greatrex (Shropshire) ran in the 4 x 400m (silver) heat but not in the final.

2021 – TALLINN, ESTONIA

Holly Mills (Hampshire)	Heptathlon Bronze 2014 J LJ-1, 2015 I LJ-2
Isabel Boffey (Hertfordshire)	800m Gold 2015 I 800m-1
Kristal Awuah (London)	100m Bronze 2016 and 2017 S 100m-1
Lucy Hadaway (North Yorkshire)	Long Jump Bronze 2016 I LJ-1
Molly Caudery	Pole Vault Silver

ESAA - EUROPEAN U23 CHAMPIONSHIPS ROLL OF HONOUR

(Cornwall) 2015 and 2016 I PV-1, 2017 S PV-1

Baldvin Magnusson (Iceland)
(Humberside) 5000m Bronze
2017 S CC-29

Thomas Randolph
(Staffordshire) 800m Bronze
2013 J 800m-2

2023 – ESPOO, FINLAND

Aleeya Sibbons
(Essex) 4 x 100m Gold
2017 J 100m-1, 2019 I 100m-2

Amy Hunt
(Lincolnshire) 4 x 100m Gold
2015 and 2016 J 100m-1, 2017 I 100m-1

Cassie-Ann Pemberton
(West Midlands) 4 x 100m Gold
2015 J 200m-2, 2017 I 100m-3, 2018 S 100m-2

Charlotte Payne
(Berkshire) Hammer Throw Silver
2017 I DT-3, 2018 I DT-1, 2019 S DT-1

Keely Hodgkinson
(Gtr. Manchester) 400m Bronze
2016 J 800m-3, 2018 I CC-2

Serena Vincent
(Hampshire) Shot Put Silver
2016 J SP-1, 2019 S SP-1

Shannon Flockhart
(Cambridgeshire) 1500m Bronze
2020 S CC-4

Yemi Mary John
(Essex) 400m Gold
2021 S 200m-3

Edward Faulds
(Warwickshire) 4 x 400m Bronze
2019 I 400mH-h-dq

Ethan Brown
(Kent) 4 x 400m Bronze
2017 I 400m-1, 2018 S 400m-1

Ethan Hussey
(North Yorkshire) 800m Silver
2017 J CC-3, 2017 J 1500m-1, 2018 and 2019 I 1500m-1

Samuel Reardon
(Kent) 4 x 400m Bronze
2018 J CC-120

Rory Leonard
(Northumberland) 10000m Gold
2018 S 1500m-6

Will Barnicoat
(Kent) 5000m Bronze
2018 I 3000m-3, 2019 I CC-2, 2019 I 3000m-1

Emmanuele Agyare (Middlesex) and Isaac Cory (Avon) ran in the 4 x 400m (gold) heat but not in the final.

ESAA - EUROPEAN U23 CHAMPIONSHIPS ROLL OF HONOUR

2025 – BERGEN, NORWAY

Abi Pawlett (Cheshire)	Heptathlon Silver 2017 J PEN-1, 2017 J 75mH-2, 2018 I HEP-2, 2019 I LJ-1
Abigail Ives (Essex)	800m Bronze 2019 I 1500m-2, 2021 S 1500m-1
Emily Newnham (Kent)	400m Hurdles Gold and 4 x 400m Gold 2019 I 300mH-2, 2021 and 2022 S 400mH-1
Kissiwaa Mensah (Essex)	4 x 100m Gold 2023 S 200m-1
Nia Wedderburn-Goodison (Middlesex)	100m Silver and 4 x 100m Gold 2018 J 100m-2, 2019 J 100m-1, 2021 I 200m-1
Poppy Malik (Nottinghamshire)	4 x 400m Gold 2018 J 300m-2
Success Eduan (Gtr. Manchester)	200m Gold and 4 x 100m Gold 2018 and 2019 J 200m-1
Yemi Mary John (Essex)	400m Silver and 4 x 400m Gold 2021 S 200m-3

Faith Akinbileje (Kent) and Joy Eze (Northumberland) ran in the 4 x 100m (gold) heat but not in the final.
Abigail Ives (Essex) and Holly Mpassy (Kent) ran in the 4 x 400m (gold) heat but not in the final.

Justin Davies (Avon)	800m Silver 2021 S 1500m-2
Will Barnicoat (Kent)	5000m Bronze 2018 I 3000m-3, 2019 I CC-2, 2019 I 3000m-1

Notes regarding the athlete details shown above :

An entry for each athlete consists of the first line detailing their European Under-23 medal-winning achievement(s).

Second (and subsequent) lines show the area(s) they represented and their ESAA Championship medal-winning performances or, in some cases, a non-medal-winning performance at the ESAA Championships.

ESAA performances are shown in the abbreviated format – *yyyy a eeee - p* where :

yyyy Championship Year

a Age Group (I – Intermediate, J – Junior, S – Senior)

eeee Event

p Place achieved (note an 'h-' indicates the performance was in a heat and 'r-' indicates it was in a preliminary round)